



Co+op™ basics

good for you, good for the planet, great for your wallet

Low prices everyday.

Whether you're feeding a family or you're an individual on a fixed income, organic products can have a place in your shopping cart. We're committed to improving our selection and prices so that everyone can find more value on our shelves. Look for the purple Co+op Basics tags to save on over 100 everyday staples.



ORGANIC
Black Beans
Field Day
\$1.49
15 oz.



ORGANIC
Broth
Field Day
\$2.29
32 fl. oz.



ORGANIC
Crushed Tomatoes
Field Day
\$2.39
28 oz.



ORGANIC
Apple Cider Vinegar
Field Day
\$4.99
32 fl. oz.



ORGANIC
Frozen Veggies
Woodstock
\$1.99
10 oz.



ORGANIC
Diced Tomatoes
Field Day
\$1.69
14.5 oz.



91% of Field Day foods are certified organic and all of their products are Non-GMO Project verified

Field Day products are the foundation of our Co+op Basics program. Field Day offers everyday low prices on many popular grocery and household items, from cooking oils to dry goods. Including Field Day items in our product selection is just another way we are working to increase access to healthy, delicious food and make shopping at the Co-op an option for more people in the community so they can discover all that we have to offer!

LOOK FOR **Co+op basics** THROUGHOUT OUR STORES

Find more ways to save at www.greenstar.coop

no additional discounts, products may not be available at all locations, prices good while supplies last



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**All Natural
Whole Wheat
Tortillas**
Maria and Ricardo's

\$2.49
13.5 oz.



LOCAL
Firm Tofu
Ithaca Soy

\$1.89
per lb.



ORGANIC
Milk
Organic Valley

\$4.39
half gal.



LOCAL
Eggs
Medium Bulk

\$1.56
dozen



LOCAL
Butter
Byrne Dairy

\$3.49
1 lb.



LOCAL
Multigrain Bread
Heidelberg

\$2.99
per loaf



LOCAL
**Grass-fed
Ground Beef**
Grassland Farm
Ovid, NY

\$6.99
1 lb.



**ANTIBIOTIC FREE
Gluten Free
Chicken Tenders**
Applegate Naturals

\$5.99
8 oz.



**FREE-RANGE &
ANTIBIOTIC FREE
Frozen Ground
Turkey**
Ferndale Market

\$3.49
1 lb.



**ALL NATURAL
Fresh
Boneless, Skinless
Chicken Thighs**
Smart Chicken

\$5.99
per lb.



**ALL NATURAL
Fresh
Whole Chicken**
Smart Chicken

\$2.99
per lb.



**ALL NATURAL
Fresh
Boneless, Skinless
Chicken Breast**
Smart Chicken

\$6.49
per lb.



WEST END
701 W. Buffalo St.

DEWITT MALL
215 N. Cayuga St.

COLLEGETOWN
307 College Ave.



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ORGANIC
Select
Fair Trade Coffees
Equal Exchange
\$9.99
per lb.



ORGANIC
Rolled Oats
Bulk
\$1.59
per lb.



Thompson Seedless
Raisins
Bagged Bulk
\$3.19
per lb.



LOCAL
All-Purpose Flour
Farmer Ground
\$1.49
per lb.



NON-GMO
Extra Virgin
Olive Oil
Field Day
\$9.99
33.8 fl. oz.



Sea Salt
Field Day
\$1.99
24.7 oz.



ORGANIC
Pasta
Field Day
\$1.99
16 oz.



ORGANIC
Pasta Sauce
Field Day
\$2.99
26 oz.



Wheat Crackers
Field Day
\$2.99
8 oz.



Multivitamin
Daily Total One
Country Life
\$9.99
60 caps



100% RECYCLED
Bath Tissue
Field Day
\$2.99
4 pack



ALL NATURAL
Peppermint
Castile Soap
Dr. Bronner's
\$6.49
16 oz.



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